

# Behavioral Health Training Collaborative

working together to provide mental wellness training to the Orange County, CA community



## No-Cost Trainings for Families, Groups & Professionals

Western Youth Services and four local area partners form the Behavioral Health Training Collaborative (BHTC), work together to provide mental health and wellness trainings to the Orange County, California community at no cost.

We offer in-person trainings at various facilities across Orange County and host virtual trainings through Zoom, making it easier for families, agencies, schools, and community groups to attend.

One of the many benefits of working as a collaborative is the ability to provide training on a wide range of topics. Some areas of training include:

- Anger and Stress Management
- Understanding Depression
- Positive Parenting through Communication
- Understanding Adverse Childhood Experiences (ACEs)
- Creating Safe Spaces for LGBTQI+ Children, Youth and Adults
- Multi-Part Trainings Supporting Individuals and Families Living with Mental Illness
- Youth and Adult Mental Health First Aid
- Multi-Cultural Mental Health Training
- Evidence-Based Clinical Trainings
- Suicide Prevention and Assessment

Whether you are an individual, family member, or community group looking to learn how to address emotional health challenges, a school or agency that needs group training, or a professional seeking to continue your education, license, or degree, we have trainings to meet your needs.

To schedule a training or for more information contact:  
[training@westernyouthservices.org](mailto:training@westernyouthservices.org)  
949.900.5380  
[www.ocbhtc.org](http://www.ocbhtc.org)

All trainings are offered at no cost to all residents of Orange County, California.  
Some of our trainings are offered in other languages!



Funded by the OC Health Care Agency through the Mental Health Services Act.



# BHTC Collaborative Partners



Western Youth Services (WYS) is the principal agency of the Behavioral Health Training Collaborative (BHTC). We approach mental health and wellness in the context of Adverse Childhood Experiences (ACEs) and offer solutions that not only treat the predictable negative impact of ACEs but can prevent them from happening in the first place. We coordinate the collaborative efforts of our partners to bring industry experts who conduct quality in-person and virtual trainings for our community.



Child Guidance Center (CGC) is dedicated to providing excellent behavioral and mental health services for the youth of Orange County. We support ALL families – adoption and foster parents, blended families, grandparents and LGBTQ+ families to provide the support and services they need to raise healthy and emotionally resilient children.



Seneca provides services in Orange County and throughout Southern California that create and sustain permanent families for children who need them. Seneca is an innovative leader in delivering unconditional care through a comprehensive continuum of school, community-based and family-focused treatment services for children and families who have experienced high levels of trauma and are at risk for family disruption.



OMID Multicultural Institute for Development is a full-service family enrichment center dedicated to enhancing the quality of life for individuals and families in Orange County. Our therapeutic services' goals are individualized to best serve each individual and family seeking our professional expertise. However, we believe in promoting these common goals: well-being, resiliency and reaching one's potential while strengthening families and support networks.



National Alliance on Mental Illness (NAMI) conducts free educational programs, meetings and support groups throughout Orange County, California. We address every aspect of mental health. In addition, the NAMI OC WarmLine is a free and confidential telephone service providing emotional support and resources to callers.

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