

Impact Report FY21-22

Our Mission

Advancing awareness, cultivating success and strengthening communities through integrated mental health services for children, youth, and families. This is accomplished through community-based training, clinical- and school-based interventions, and community collaboration.

The Challenge

The mental health challenges of children, youth, and families have never been greater. In December 2021, the U.S. Surgeon General issued a youth mental health advisory describing the dire situation many youth and families are experiencing. He urged all of us to take action to support youth and families so we can “lay the foundation for a healthier, more resilient, and more fulfilled nation.”

In Orange County (OC), our clients, our staff and the broader community is experiencing tumultuous and challenging times with mental health issues exacerbated by the pandemic, the economic uncertainties, and the growing call for racial justice and equity. We, along with our counterparts, are not fully resourced to meet the need, and many current members of the collective workforce are burned out due to the high volume and high acuity of the prevalence of mental health challenges among youth. This level of crisis is forcing us to think differently about how we address the problem. We are focused on multifaceted solutions that address the effects of the exposure to trauma and adversity.

Who We Serve

We offer a full variety of mental health services, programs, and trainings that are designed with the needs of the community in mind.

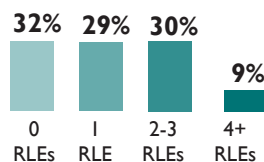
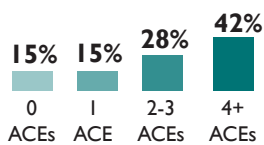
The Solution

For 50 years, Western Youth Services (WYS) has been a leading provider of mental health and wellness solutions in OC. Our history, expertise, relationships, and positive impact on children, youth and families, have laid the foundation for us to be a trauma-informed, trusted, and effective partner in supporting the mental health and wellness across our community, through our unique approach of building resilience as an antidote to adversity.

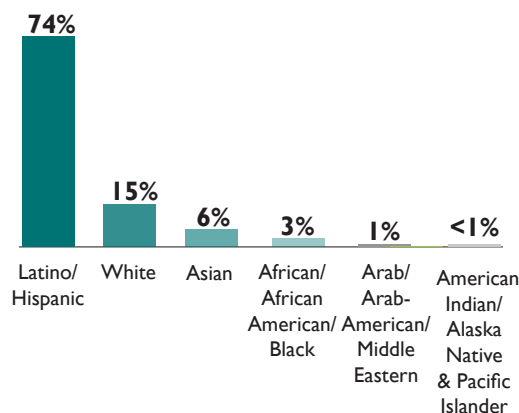
Our team brings a deep understanding of the impact of Adverse Childhood Experiences (ACEs) and other adversities on mental health. We meet individuals in clinics, schools, and in the community where they are, in order to provide customized services to build resilience for all.



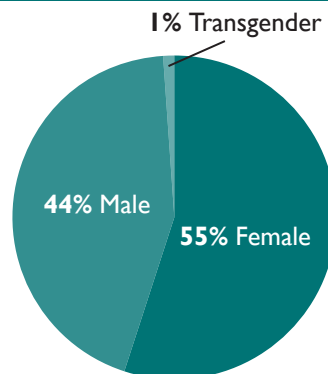
ACEs & RLEs



Ethnicity



Gender



Age

| Age (years) | Percent (n = 6,996) |
|-------------|---------------------|
| 0-2 | 2.8% |
| 3-12 | 39.3% |
| 13-17 | 45.1% |
| 18+ | 12.8% |

Advancing Awareness

WYS actively advances awareness of behavioral health and wellness topics that youth and families face today, and builds competency to better address their needs through training the community, non-clinical providers and clinical providers.

634 Mental health trainings provided to providers.

11,562 Community members trained on mental health competencies.

88% Training attendees who have positive perceptions of their training experience and satisfaction.

93% Training attendees reported increased competencies.

Cultivating Success

WYS matches clients to the right level of care, whether it is prevention, early intervention, and intensive therapy, to treat the whole child, so that clients can emerge happier, stronger and with the skills needed to thrive and achieve their personal best. WYS is a leading expert in mental health solutions in OC, and a powerful thought leader that promotes mindfulness, evidence-based, and practice-based treatment, that result in transformation around how to cultivate resilience now and in the future.

Community-Based Referrals

Aligned to the state of California's ACEs Aware initiative, WYS' One Door Any Door™ process screens and refers individuals to needed services that can help get appropriate access to care.

4,369
unique referrals
through One Door
Any Door™ process

School-Based Prevention and Early Interventions
WYS served at least 11,649 unique students through small groups addressing social emotional learning skills, workshops, lunch clubs, and other in-school supports students and teachers need.

11,649
unique students
served

73%
of clients reported improved
or maintained coping skills.

Clinical-Based Interventions

WYS provides individualized and solution-focused services are provided at a level, frequency and duration consistent with each client's treatment goals utilizing evidenced-based practices.

7,062
clients treated
in clinic

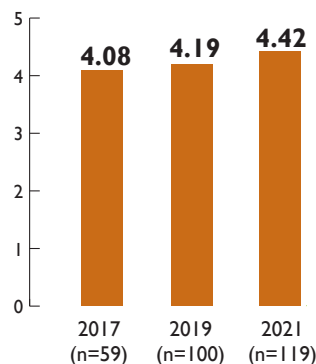
87%
of all clients reported healthy,
improving, or stable mental
health or well-being.

Strengthening Communities

WYS strategically collaborates with community partners to ensure clients get connected to needed services and the community is receiving a social return on investment. Every two years, WYS surveys collaborative partners to evaluate the quality of WYS' collaboration. Overall, partners agree that WYS is a trusted, collaborative mental health partner and the quality of collaboration has improved over time.

Western Youth Services is a Trusted Collaborative Mental Health Partner

(Collaborative Partner Survey Results)



"Our collaboration gives us more resources to refer to our participants who need help that we at the time cannot provide."

—Collaborative Partner

"We are all better together as we bring different experiences, gifts, tools, and perspectives. I have always felt seen, heard, and valued in my interactions with these collaboratives."

—Collaborative Partner