

wys WESTERN
YOUTH SERVICES

Media Kit



ABOUT WESTERN YOUTH SERVICES

Western Youth Services (WYS) is a leading nonprofit organization in Orange County, CA dedicated to supporting children, youth, and families facing emotional and behavioral challenges. With over five decades of experience, we provide comprehensive mental health services tailored to individual needs.

Our team of licensed therapists, counselors, and psychologists delivers evidence-based programs addressing issues like anxiety, depression, trauma, and substance abuse. We offer various services, including individual and family therapy, group therapy, school-based interventions, and community outreach. Our behavioral health specialists offer support for school-based mental health programs.

By collaborating with schools, healthcare providers, and local organizations, we create a supportive network that promotes resilience and well-being. We prioritize cultural sensitivity, ensuring our services meet the unique needs of diverse communities. As a learning organization, we stay updated on research and best practices, ensuring our programs are effective and evidence-based. We welcome partnerships with organizations and individuals who share our commitment to youth mental health.





OUR LEADERSHIP

LORRY LEIGH BELHUMEUR Ph.D.

Dr. Lorry Leigh Belhumeur is a licensed psychologist, serving as Chief Executive Officer at Western Youth Services (WYS) for over 20 years. She received her Ph.D. and M.A. degrees from UCLA.

Under her leadership, WYS has evolved into the innovative organization that operates today. WYS annually provides integrated Mental Health Services directly to over 35,000 clients, with support from our collaborative partnerships.

As a seasoned community leader and fierce advocate for children, youth and families, Dr. Lorry has led the charge that reexamines mental health in the context of Adverse Childhood Experiences (ACEs) and offers solutions that treat the predictable negative impact of the toxic stress response related to ACEs and that also look upstream to prevent them from happening in the first place.

She believes that the foundation of positive mental health in children and youth is having a caring dependable adult who believes in them as well as uncovering their strengths and using these strengths to be the best version of themselves. When people are served from this perspective they become more confident and resilient. They make progress and create and lead successful lives.

"Prevention, early intervention, and treatment of adverse childhood experiences should not wait until we have more research. We have enough to make a difference NOW."



ABOUT OUR SERVICES

Our services include early intervention, school-based counseling, crisis intervention, and community outreach. We work closely with schools, families, and community partners to create a supportive environment that promotes emotional growth, academic success, and social integration. Our team of highly trained professionals is committed to providing culturally responsive and trauma-informed care, ensuring that our interventions are tailored to the specific needs of diverse populations.

We prioritize prevention and early intervention, breaking down barriers and ensuring that young people have access to the resources and support they need to thrive. Our goal is to build healthy communities by empowering youth and promoting their overall well-being.

OUR PROGRAMS & SERVICES



Access
Coordination



Behavioral
Health Training
Collaborative
(BHTC)



Crisis
Intervention
Training (CIT)



Clinic-Based
Services



School-Based
Services



Super Resilient
Youth



RESET Toolbox

[Visit our website to learn more](#)

ABOUT OUR SERVICES

Our integrated service model provides all levels of care, including preventative strategies for mental health and wellness designed to intervene early enough to prevent behavioral or emotional issues from becoming crises. We also provide targeted interventions for those who are experiencing mild to moderate psychological distress as well as trauma-informed care for those who have a diagnosable mental health condition.

Whether it's in an Out-Patient Clinic, School-Based Program, Behavioral Health Training Collaborative, Crisis Intervention Training and/or other community program, our goal is the same. Our aim is to move the needle from one in five children that have a diagnosable mental health condition to one in ten, decrease stigma, decrease adverse childhood experiences, help, heal and instill hope in children and families so they are emotionally equipped and empowered to succeed.

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ABOUT OUR MISSION, VISION AND VALUES

Our Mission: Advancing awareness, cultivating success and strengthening communities through integrated mental health services for children, youth and families.

We pursue our mission on three fronts:

Advancing Awareness: Because our expert team of mental health professionals specializes in working with youth and families, we help the community cut through the stigma preventing at-risk kids from getting the emotional and mental healthcare they deserve. We're the partner government agencies, school districts and other youth-serving organizations trust. Together, we're fostering a generation of youth able to create and lead successful lives.

Cultivating Success: We've redefined mental health services in Orange County to match the right program to suit every child, every family. We have proven, positive results to show the success of our programs – just look to our clients as evidence. After working with us, they emerge as stronger families and happier youth with the skills needed to thrive.

Strengthening Communities: We work throughout the community and with youth-serving organizations that help children face their behavioral and emotional issues. Our integrated system ensures all youth in Orange County have access to preventative, early intervention and intensive therapies. We seek out and build upon the strengths of each client and bring out the best in every child, creating healthier and happier families contributing to their communities.

We envision a society where youth and families are emotionally equipped and empowered to succeed.



ABOUT

OUR PROCESS: THE ROAD TO HEALING

Referral

Referrals come in from the community. We triage to determine the precise level of care. We go above and beyond to obtain the necessary information, including but not limited to, home visits, in school care, and implementation of our collaboration model.

Care Plan

Our methodology for identifying the precise level of care models the Multi-Tiered System of Support and ranges from prevention methods including workshops and group therapy sessions to more intensive interventions involving one-on-one treatments with a therapist.

Collaboration

WYS collaborates with the client, caregivers, and external service providers to establish common goals for expected results. Leveraging our relationships with local community partners including community-based organizations, Schools, and other providers to provide a customized treatment plan.

Measure Outcomes

We measure the outcomes for each client and adjust the intervention accordingly to achieve the most effective and sustainable result.

SPEAKING TOPICS

Our CEO, Lorry Leigh Belhumeur Ph.D is a dynamic, inspiring speaker and interview candidate. Her life and professional experiences combined with her passion for changing the way mental health services are structured and provided to children, youth, and families create fresh and interesting insights.🔗

Lorry is available for media interviews and to speak virtually or in-person at industry conferences, company off-sites, workshops and seminars on the topics of Children's Mental Health, Adverse Childhood Experiences (ACEs), Leading a Non-Profit Organization, Building a Successful Collaborative Health Model, as well as the signature topics listed below.

Building Super Resilient Youth

This engaging signature talk delves into the art of nurturing unbreakable resilience in young individuals, equipping them with the tools to overcome adversity and forge a path of resilience and success in an ever-evolving world.

1-5 Children Live With Mental Illness, We are Moving the Needle to 1-10

This number is outrageous, in this presentation/interview, Lorry shares ways that Western Youth Services is collaboratively working to move the needle and change the trajectory of the lives of children and their families.



SPEAKING TOPICS

What Is Predictable is Preventable

Adverse Childhood Experiences (ACE) is a Public Health Crisis that everyone should care about. In this presentation/interview Lorry discusses how to apply the ACE Study to get to the root of the issue, predict the diagnosis, and provide the right treatment before the family is dealing with a mental health crisis.

Collaborative Models That Heal

Lorry breaks down WYS' collaborative model, a comprehensive outlook on care that creates a system that encompasses the passage of time and the changing needs that arise. How to develop trusted and effective relationships with key community members to provide customized services. We have done this and the system can be replicated to other communities to keep children and families from slipping through the cracks.



Lorry's Story

Click the image to watch the video.

One act of kindness to a child can swing her pendulum from chaos to clarity. Meet Dr. Lorry Leigh Belhumeur, CEO for Western Youth Services. Learn how it was one person who changed forever the possibility of Lorry become another statistic.

[Contact us to book Lorry for an interview or speaking engagement.](#)

MEDIA HIGHLIGHTS

Authority Magazine

Social Impact Heroes: Why and How Dr. Lorry Leigh Belhumeur of Western Youth Services Decided To Change Our World.

ACEs Connection

Podcast Interview: Did You Know That 20% of Children Are Suffering With A Mental Health Disorder? Mary Giuliani interviews Dr. Lorry Leigh Belhumeur from Western Youth Services.

Stopping Suicide

STOPPING SUICIDE - Stories, resources, services and information about suicide prevention. Understanding teen loneliness and isolation.

Business World Magazine

Literally Changing Lives: Dr. Lorry Leigh Belhumeur shares the history of WYS and their solutions on how to recognize early signs of mental health conditions in kids, and how to build resilience.

Forbes



Authority
Magazine

PACEs
Connection

ORANGE COUNTY BUSINESS JOURNAL formerly ACEsConnection

Medium
[BWM]
BUSINESS WORLD MAGAZINE

CBS
NEWS

Los Angeles Times
BB
PUBLISHING

WYS WESTERN
YOUTH SERVICES

DOWNLOADABLE ASSETS

Headshot: 
CEO, Lorry Leigh Belhumeur, Ph.D.



(Click on image to download)

CLEAR SPACE

To ensure legibility the logo must be surrounded by 1cm of negative space. Please do not infringe upon this space with other elements.



WYS Logo:



(Click on image to download)



CONTACT INFORMATION

Thank you for your interest. Please use the links below to connect with us and learn more about Western Youth Services.



LinkedIn: [linkedin.com/WesternYouthServices](https://www.linkedin.com/WesternYouthServices)



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