

# GIVING HOPE, SAVING LIVES

As a non-profit organization, we rely on the generosity of supporters like you to bring life-changing mental health resources to youth and families in Orange County. Our End-of-Year Fundraising Campaign is more than just raising funds—it's a community effort to ensure that every child has access to preventive mental health care. Together, we can provide support before struggles turn into crises.

Every contribution strengthens our ability to deliver prevention services and programs like Super Resilient® Youth, which provide young people with the tools to navigate life's challenges and build resilience before mental health issues escalate. By investing in prevention, we are empowering young people to overcome adversity, preparing them for a brighter future, and creating lasting, positive change for generations to come.

## THE NEED



*More than 1 in 5 youth in California face mental health challenges each year*



*Approximately 50% of all mental health conditions begin by age 14*



*Suicide is now the second leading cause of death among youth ages 10-24*

## IMPACT OF YOUR SUPPORT

Donations from our annual fundraising campaign help us provide:



Preventive mental health services for Orange County youth that helps reduce future risks



Resilience-building programs for youth and families facing adversity



Educational trainings that equip our community with tools to support mental wellness

## HOW YOU CAN HELP

### DONATE:

Donate to our *Giving Hope, Saving Lives* annual fundraising campaign on our website:

[bit.ly/wys-donate](https://bit.ly/wys-donate)

### SPREAD THE WORD:

Please share our mission and campaign with your community, professional network, friends, and family. For sharable resources such as social post templates, emails, or this downloadable flyer, please visit [bit.ly/donate-wys-eoy](https://bit.ly/donate-wys-eoy).

