



Behavioral Health Training Services

Practical Training. Real-World Application. Stronger Communities.

Schools, agencies, healthcare providers, and community organizations are facing increasing mental health, behavioral, and crisis-related challenges. **Our trainings are designed to build confidence, strengthen response skills, and support the well-being of those you serve.**



CRISIS RESPONSE & SAFETY

Practical strategies for responding to high-risk situations, improving safety, and supporting crisis response efforts.



PROFESSIONAL DEVELOPMENT

Strengthen clinical knowledge, build provider confidence, and support continued professional growth.



COMMUNITY & PREVENTION

Prevention-focused education and community support that promotes emotional well-being and early response.

**BRING HIGH-IMPACT TRAINING
TO YOUR ORGANIZATION**

Ask about customized training packages! Contact us:

Email daniel.jenkins@westernyouthservices.org

(949) 900-5380 | westernyouthservices.org

**MULTI-TIER EXPERT TRAINERS
AVAILABLE**

Half-day, full-day, and multi-session packages available.

Call for pricing details.

**Ask us about
discounted
bundle rates!**

Build Your Training Plan

Choose from a wide range of training topics or work with us to design a customized training series tailored to your organization's needs.

CRISIS & SAFETY

- De-Escalation Strategies*
- Suicide Risk Assessment*
- Situational Awareness*
- Crisis Communication Basics
- First Responder Wellness
- Safety Planning

COMMUNITY EDUCATION

- Resilience & Hope*
- The Power of Self Compassion*
- Cultural Considerations for Mental Health*
- Resource Navigation
- Mental Health 101
- Grief: A Reaction to Loss

*OUR MOST POPULAR TRAININGS

YOUTH & FAMILY ENGAGEMENT

- Bullying Prevention & Intervention*
- School Avoidance & Anxiety*
- Positive Parenting Strategies*
- What is Mental Health?
- Family Engagement
- Talking About Suicide Prevention
- Stress Busters
- Internet & Social Media Safety
- Motivation & Goal Setting
- Having Difficult Conversations

WORKPLACE & PROFESSIONAL SKILLS

- Trauma-Informed Care*
- Vicarious Trauma*
- The Helping Role & Compassion Fatigue*
- Mindfulness

LOOKING FOR SOMETHING SPECIFIC?

We offer custom-designed trainings tailored to your team, setting, and population. Contact us to get started!

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